

MENU

W E E K O N E A U T U M N 2 2 0 2 4

Monday

Morning Snack

Scottish Oat cakes with cheddar
cheese and apple slices

Main Meal

Beef Meatballs with roasted tomato
sauce, rice, cucumber and carrots

Pudding

Black bean and apple sauce brownies

Tuesday

Morning Snack

Rice cakes and bananas

Main Meal

Carrot, honey and red lentil soup with
fresh baked baguette and cheese

Pudding

Baked apple and cinnamon flapjacks

Wednesday

Morning Snack- Breadsticks with
cucumber and oranges

Main Meal-Roast chicken with roast
potatoes, broccoli, carrots, peas and
gravy

Pudding- Lentil and carrot traybake

Thursday

Morning Snack-Rice cakes and apple
slices

Main Meal-Macaroni cheese with
garlic bread, cucumber and peas

Pudding- Chocolate rice krispy nibble

MENU

WEEK TWO AUTUMN 2 2024

Monday

Morning Snack

Breadsticks with cucumber and oranges

Main Meal

Turkey and vegetable chilli with cornbread muffins, carrots and spinach.

Pudding

Lemon and lentil drizzle cake

Tuesday

Morning Snack

Scottish oatcakes with cheddar cheese and apple slices

Main Meal

Tomato soup with vegetarian sausage rolls

Pudding

Oat and banana traybake

Wednesday

Morning Snack

Rice cakes and bananas

Main Meal

Chicken , cannellini bean and vegetable pot pie with broccoli, peas and cucumber

Pudding

Oatmeal and raisin cookies

Thursday

Morning Snack

Rice cakes and apple slices

Main Meal

Margarita or pepperoni pizza with garlic bread, carrots, cucumber and peas

Pudding

Blueberry and vanilla muffins