

## MENU

#### WEEK ONE SPRING 1 2025

### Monday

Morning Snack Scottish Oat cakes with cheddar cheese and apple slices

Main Meal Beef Meatballs with roasted tomato sauce, rice, cucumber and carrots

Pudding Black bean and apple sauce brownies

## Tuesday

Morning Snack Rice cakes and bananas

Main Meal Carrot, honey and red lentil soup with fresh baked baguette and cheese

Pudding Baked apple and cinnamon flapjacks

## Wednesday

Morning Snack- Breadsticks with cucumber and oranges

Main Meal-Roast chicken with roast potatoes, broccoli, carrots, peas and gravy

Pudding- Lentil and carrot traybake



Morning Snack-Rice cakes and apple slices

Main Meal-Macaroni cheese with garlic bread, cucumber and peas

Pudding- Chocolate rice krispy nibble



# MENU

#### WEEK TWO SPRING 1 2025

## Monday

Morning Snack Breadsticks with cucumber and oranges

Main Meal Turkey and vegetable chilli with cornbread muffins, carrots and spinach.

Pudding Lemon and lentil drizzle cake

## Wednesday

Morning Snack Rice cakes and bananas

Main Meal Homemade burgers, brioche buns, salad, broccoli, peas and cucumber

> Pudding Oatmeal and raisin cookies

## Tuesday

Morning Snack Scottish oatcakes with cheddar cheese and apple slices

Main Meal Tomato soup with vegetarian sausage rolls

Pudding Oat and banana traybake

## Thursday

Morning Snack Rice cakes and apple slices

Main Meal Margarita or pepperoni pizza with garlic bread, carrots, cucumber and peas

Pudding Blueberry and vanilla muffins