

MENU

WEEK ONE SUMMER 1 2025

Monday

Morning Snack

Scottish Oat cakes with cheddar
cheese and apple slices

Main Meal - Chicken or veggie and
halloumi skewers with rice, served
with carrots and peas

Pudding

Black bean and apple sauce brownies

Tuesday

Morning Snack

Rice cakes and bananas

Main Meal - Whole grain pita pockets
with cubed cheddar cheese, hummus,
shredded carrots, cucumbers, hard
boiled eggs and baby spinach.

Pudding

Baked apple and cinnamon flapjacks

Wednesday

Morning Snack- Breadsticks with
cucumber and oranges

Main Meal - Pasta salad with
sweetcorn, served with diced
cucumber and sliced tomatoes, and
homemade sunflower seed pesto.

Pudding

Lentil and carrot traybake

Thursday

Morning Snack- Rice cakes and apple
slices

Main Meal - Beef burgers with lettuce,
tomato and cucumber

Pudding

Chocolate rice krispy nibble

MENU

WEEK TWO SUMMER 1 2025

Monday

Morning Snack

Breadsticks with cucumber and oranges

Main Meal - Soft corn tacos with minced beef or refried beans, sour cream, grated cheese and mexican corn salad.

Pudding

Lemon and lentil drizzle cake

Tuesday

Morning Snack

Scottish oatcakes with cheddar cheese and apple slices

Main Meal - DIY sandwich platter (whole grain rolls with sliced ham, cheese, lettuce, or jam) served with cucumber and carrots

Pudding

Oat and banana traybake

Wednesday

Morning Snack

Rice cakes and bananas

Main Meal - BBQ chicken drumsticks with corn on the cob and potato salad

Pudding

Oatmeal and raisin cookies

Thursday

Morning Snack

Rice cakes and apple slices

Main Meal - Homemade pizza with peas and broccoli.

Pudding

Blueberry and vanilla muffins